

# URODYNAMICS

Your doctor has recommended that you undergo urodynamic testing. The following is intended to answer questions most commonly asked prior to this test.

**1. What is the purpose of urodynamic testing?**

Urodynamic testing allows your doctor to fully understand how your bladder is functioning. With this information your doctor will be able to choose a treatment plan that is best for you.

**2. Who needs urodynamic testing?**

Typically, patients referred for urodynamic testing have complaints of urine leakage, frequent urinations or difficulty urinating.

**3. Where and when will the test be performed?**

The test will be performed in your doctor's office at a scheduled time.

**4. Should I take my medication the day of the test?**

Yes? Urodynamic testing does not require you to miss any doses of your scheduled medication. If you are already taking medication to treat your urinary problem, your doctor may instruct you to stop these medications before the test.

**5. How should I prepare for my urodynamic study?**

Please arrive at the office the day of your urodynamic study with a comfortably full bladder. Please try to move your bowels prior to the study.

**6. What will happen during my urodynamic study?**

This study does not require sedating medication. When you arrive for your test, you will be asked to undress from the waist down and a gown will be provided. Several different tests can be used to evaluate symptoms of the lower urinary tract. The study usually takes between 45 and 60 minutes.

**7. When will I receive the results of my test?**

Test results may be available immediately upon completion of the study or you may be asked to return to your doctor's office to go over the results of the test and discuss treatment options.