

What is Urodynamics?

Because of your particular symptoms and concerns, tests you can expect to be performed at your appointment are checked below:

Uroflowmetry _____

This test measures the amount and rate of urine you void from your bladder. You will be asked to urinate into a special container placed under a commode or into a funnel attached to equipment that records your urine flow.

Cystometry _____

This test evaluates how much your bladder can hold, how well the bladder muscle functions, and how the neurological signals work that tell you when your bladder is full. A catheter will be inserted through the urethra into the bladder. Your bladder will be filled with sterile water or a saline solution. A second catheter may be placed in your vagina or rectum to provide additional data. You'll be asked to describe any sensations you feel. You may be asked to cough, bear down, or stand during this test.

Urethral Pressure Profile _____

This test evaluates the amount of pressure in your urethra. The information retrieved from this test can be useful in assessing the cause of incontinence. The bladder catheter is slowly withdrawn from the bladder and special equipment displays a urethral pressure curve.

Pressure Flow Study _____

This test measures the pressure and flow of urine out of your bladder. This study is valuable for evaluating problems with emptying urine. You will be asked to urinate with catheters in place into a special commode.

EMG Study _____

This test evaluates the pelvic floor muscles, which enable you to hold urine. Evaluating the pelvic floor requires the placement of three (3) surface sensors on the skin. These sensors collect electrical activity in the muscles throughout the process of filling and emptying the bladder.